

# CHSC @ UF Weekly Newsletter

## OUR NEXT MEETING

- **Date:** Thursday, October 27th, 2011 at 7:00 PM
- **Location:** McCarty Hall B in Room G086

### Upcoming Events

- **Next General Meeting:** Thurs, October 27th at 7:00 PM
- **Sterling House Halloween Party:** Sun, October 30th at 3:00 PM
- **Halloween Carnival/Haunted House:** Wed, October 26th from 5:30 to 9:00 PM
- **St. Francis "Life Skills" Seminar:** Fri, November 11th at 3:00 PM

## REMEMBER WE HAVE A NEW POINTS SYSTEM:

- CHSC will be keeping track of our members' involvement by using a point system.
- You can earn a point by attending a meeting, service event, fundraiser, or donating needed items.
- Please keep this in mind, as you must have at least 5 points to be eligible for an officer position in December.

## COMMUNITY SERVICE EVENTS:

- **Sterling House Halloween Party:**
  - **Date:** Sunday, October 30th at 3:00 PM
  - Please sign up so I have an idea who all will be attending: [www.SignUpGenius.com/go/sterling10](http://www.SignUpGenius.com/go/sterling10)
  - Volunteer application should be posted on the Facebook page as well as the website.
  - If you can not find it please email Courtney at [chsc.service@gmail.com](mailto:chsc.service@gmail.com) and she will send it to you.
- **Halloween Carnival/Haunted House at Maguire Village:**
  - **Date:** Wednesday, October 26th from 5:30-9:00 PM
  - This is a great opportunity if you do not have a car to attend an event since it's on campus.
  - We will be holding a booth there and if you cannot attend and would like to donate candy or small prizes that would be greatly appreciated. Email [chsc.service@gmail.com](mailto:chsc.service@gmail.com) and a meet-up time can be set up to pick up anything you wish to donate.
  - Also, if you are going to attend, feel free to wear a costume or Halloween attire since we are hanging out with children for a big Halloween party :)
  - Please sign up online at [www.SignUpGenius.com/go/halloween1768](http://www.SignUpGenius.com/go/halloween1768) so we have an idea how many people will attend!
- **Passionate? Have an idea?**
  - Finally, if there is anything that any of our members are passionate about and would like to be involved with, feel free to email [chsc.service@gmail.com](mailto:chsc.service@gmail.com) and I will do my best to set something up. I'd love to get some more involvement going so feel free to shoot some ideas in things you would like to participate in.
- **St. Francis House "Life Skills Seminar:**
  - **Date:** Friday, November 11th at 3:00 PM
  - **Location:** St. Francis House
  - **What:** Volunteers will perform a "Life Skills" Seminar with the residents at St. Francis House.
  - The seminar will consist of three groups:
    1. Physical Hygiene: Volunteers with this group will teach residents about proper physical hygiene; focusing on ideas such as how to keep their body clean & hygienic. You will create goody bags for the residents.
    2. Oral Hygiene: Volunteers will teach residents about proper oral hygiene; focusing on ideas such as how to properly brush and floss teeth. Ideas such as tobacco cessation should be discussed as will. You will create goody bags for the residents.
    3. Mental Health: Volunteers with this group will teach residents about proper mental health; focusing on ideas such as substance abuse, stress, and depression. Volunteers in this group will help the residents create stress balls.
  - If you are interested in volunteering in one of these groups, please let Michelle know by **October 20th** by emailing her at [chsc.vp@gmail.com](mailto:chsc.vp@gmail.com).

To remove your name from our mailing list, please e-mail [listserv@lists.ufl.edu](mailto:listserv@lists.ufl.edu) with the line "unsubscribe CHSC-UF-L" from the e-mail address you wish to unsubscribe from.

Questions or comments? E-mail us at [CHSC.secretary@gmail.com](mailto:CHSC.secretary@gmail.com)