

Florida Running Club General Body Meeting September 3, 2013

What we are: The Florida Running Club was founded in the fall of 2011 and established as a RecSports club in the fall of 2012. We compete in Cross Country in the fall, Track and Field in the spring, and Road Races all year long. As much as we are a competitive running club we still welcome recreational runners to come out and practice.

Our practice schedule is listed below:

Monday, Wednesday, Thursday, and Friday: 6:30 PM

Tuesday: 6:45 AM

Saturday: 7:00 AM

Monday, Wednesday, and Friday are typically easy mileage days. On Tuesdays and Thursdays we have workouts. On Saturdays we have our long runs. The Head Coaches may schedule additional practices throughout the week, check the facebook page for updates.

As a RecSports Club: We must reach over 100 volunteer hours. We will have plenty of opportunities for members to volunteer. Our first volunteering event was last Saturday August 31 with the Green Team. Other upcoming Green Team days are: 9/21, 10/5, 11/9, 11/23, and 11/30. As a RecSports club we must also attend three home games from other clubs. Upcoming sport club home games are: 9/15 men' soccer and 10/12 women's rugby.

Point System: Today, September 4 will be the first day our new point system will be implemented. The secretary, Nicolas Lugo, will generally take attendance, in the event the secretary is not present, attendance will be taken by an assigned officer. Each time you attend practice, meetings, volunteer events, etc. you will be awarded points based on each event's respective value. The point system will allow the club to reward its most committed members with funding for races.

Points System:

Practices:	1
Meetings:	2
Volunteering:	2
Sporting Events:	3
Fundraising:	3

Upcoming Meet: Our first meet is the UF Mountain Dew Invitational at the Mark Bostick Golf Course on Saturday, September 14th the men's race is an 8k and the women's race is a 6k. The deadline to sign up is September 9th. You need to bring \$5 and UF-ID the day of the race. You must have a waiver completed to run as a part of the club. To register click on the link below:

<https://docs.google.com/forms/d/1xrDZKHvtxQeR8po05pwLbgvlf5xxRYxQh9iXZf68KAY/viewform>

Jerseys and T-Shirts: Jerseys are \$15 and t-shirts are \$10. If you would like a jersey or t-shirt click on the link below to sign-up:

<https://docs.google.com/document/d/1-7QGp1Eo4MvvKZbbFZm-YmzhEGoHH86FH6ZPrxLXjps/edit?usp=sharing>

Waivers: If you have not already, please submit a waiver. Members are required to submit a waiver in order to practice with the club. Sign-up with the following link:

<https://ufl.collegiatelink.net/form/start/25255>